

# SPECIAL-BADMINTON CAMP & TOURNAMENT

## 8 - 10 October 2021

Friday 16pm - Sunday 12pm

We are so excited and happy to arrange this year's  
Special-happening for badminton players!

You and your club are invited to Moss, Norway 🏆



[WATCH TV-SPOT FROM 2020](#)





### Program **Friday 8. october:**

We meet at [Hoppernhallen Tronvikvegen 36, 1517 MOSS.](#)

**16pm:** 1hrs Meet-n-greet for athletes, coaches and support-teams.

**17pm:** 2hrs training session.  
All coaches and support-teams are present and on-court to help each other and share ideas.

**19pm:** We dine together in the training facility.

### Program **Saturday 9. october:**

**International Tournament** for singles play.

**09am:** We meet, ready for a 2hrs training session. Coaches and support-team are present and on-court.

**11am:** 1hrs warm, healthy lunch.

**Spectators welcome 12-15pm**

**12pm:** Singles tournament.

**15pm:** 1hrs healthy, warm late-lunch.

**16-17pm:** Energy-leftovers can be spent, otherwise the days is finished.

**18pm:** Dinner & award ceremony 🏆

### Program **Sunday 10. october:**

**Unified-tournament** (doubles play with partner of your choice).  
**Tournament is open to everyone**, pre-registration needed, no previous experience needed.

**Spectators welcome 09-12pm**

**09am:** We meet for a Unified tournament.

**11am:** healthy lunch.

**12pm:** Camp officially finished.

**13-15pm:** Open for any special-athlete wanting to play badminton.

## COST: NOK 250,-

Binding registration within 1month prior to camp. See what's included on next page.


We hope to be able to offer financial support for accommodation and/or the travel. But, participants are encouraged to apply locally for financial support

Send us a heads-up email if you/your club intend to participate, or if you have any questions or inquiries about previous camps.

**Organizer MossBK**

*Rune Lovib Houg*

 Tel / Whatsapp: [+47 47400027](tel:+4747400027)

 : [sport@mossbk.no](mailto:sport@mossbk.no)

## **Included** (in camp-fee: Nok 250,-)

- shuttles
- all meals (gluten- & lactose free).
  - Friday: evening meal after training session.
  - Saturday: do-it-yourself breakfast, 2 x healthy lunches, dinner + desert.
  - Sunday: do-it-yourself breakfast, healthy light lunch.
- Diploma and trophy.
- T-shirt

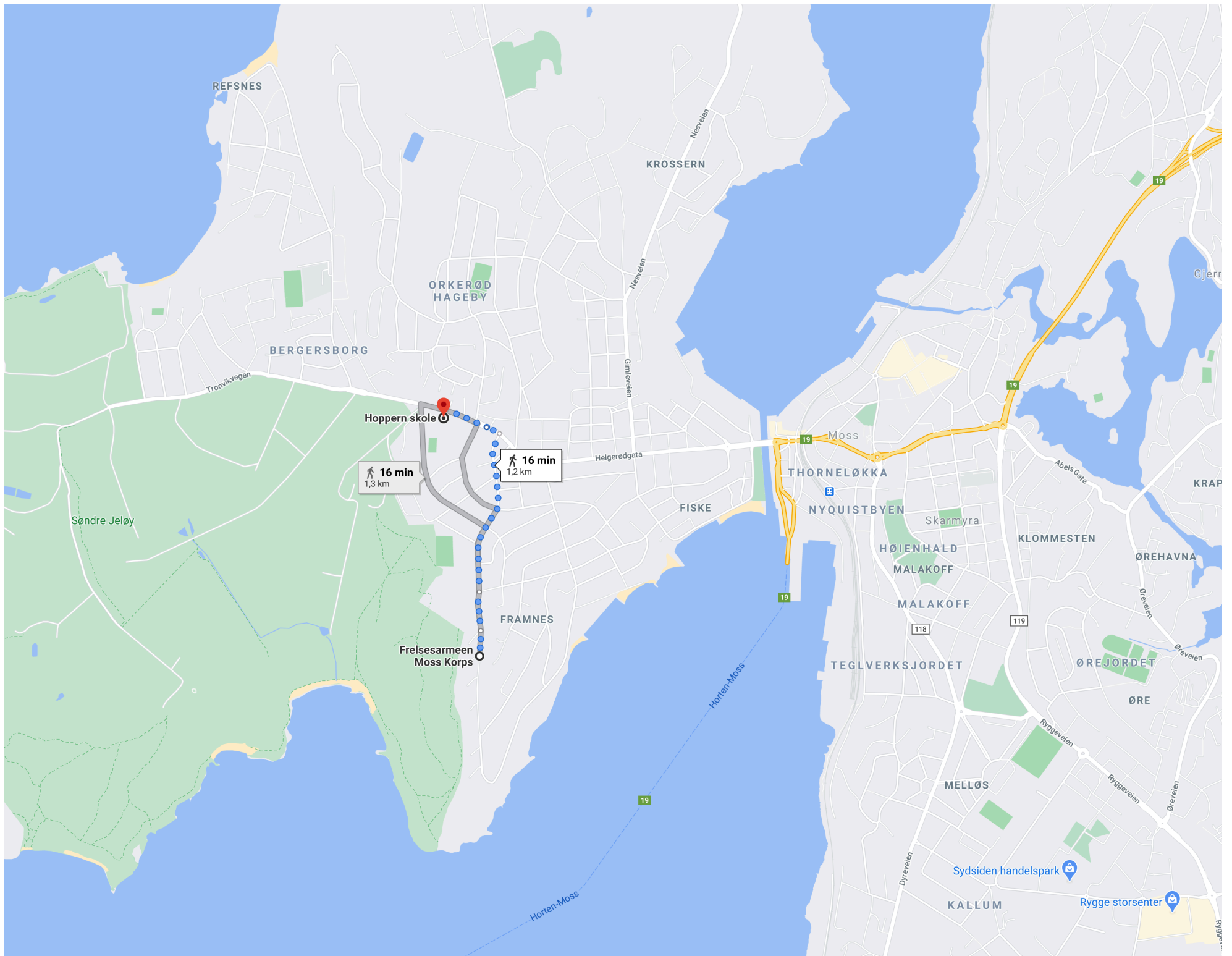
## **Accommodation** prices for rooms w/simple standard; Friday - Sunday. Please note: check-in after training session on Friday.

- Single room: Nok 700,- pr night
  - Double room: Nok 450,- pr person, pr night.
- Some rooms are big enough to fit extra mattress if needed.

### Pricing includes

- Access to kitchen to make breakfast and/or other simple food.
  - Wifi
  - Parking
- 
- Sleeping & training facilities are 15-20mins of walking distance (appx. 1,3km).
  - Alternative accommodation is also possible in nearby hotels.





Link to [Google maps](#)

**Trainstation:** [Moss togstasjon](#) (Link to google maps)

## Airports:

[Gardermoen airport](#), connects easily via bus or train;

- [Bus](#) (Oslo Lufthavn - Nesparken)
- [Train](#) (Oslo Lufthavn - Moss)

[Torp Airport](#), connects just as easy via

Step 1: [Minibus](#) (Torp airport - Horten ferry)

Step 2: [Ferry](#) (Horten - Moss) (free of charge for pedestrians)

*If you arrive at either airport and struggle with the transfer booking, we can assist with transfer-booking.*



## Please note

- There are no age restrictions, and we encourage athletes of any age to participate.
- We encourage any Special-athlete to participate regardless of personal challenges.
- Athletes should understand and be familiar with the concept of training sessions.
- The athletes must understand English as a spoken language **or** have an assistant to translate from / to native tongue.
- Assistants / coaches are expected to assist the athlete with unfamiliar exercises or situations.
- Assistants / coaches are expected to be familiar with the sport of badminton and to assist during training sessions, ie. with shuttle feeding and / or on-court guiding in movements / footwork etc.

## Philosophy

There is no single purpose of this event more important than the other. But, some of our main objectives are to achieve good training sessions with high levels of activity, and for all athletes to experience the joy of playing this fantastic sport and experience achievements and victory on a personal level.

On a different level, but equally important to us, is if the coaches and support-teams manage to tie contacts between clubs of different nationalities, and also to exchange notes and thoughts on how to drive our athletes forwards.

Whether you are a devoted parent/sibling/friend of a Special athlete, or a professional badminton coach, we encourage you to make the plunge and dive into this low-threshold event. Be brave, if not for yourself, but on behalf of the athlete/-s you support. Together we can grow, and make great things happen.

To dare is to do!

On behalf of,  
Moss Badmintonklubb, Norway

Norwegian Badminton Federation



Rune Lavik Haug

Head of Sports Mossbk

T: [+47 47400027](tel:+4747400027)

E: [sport@mossbk.no](mailto:sport@mossbk.no)



André Høidebråten

Para-/Special NBF

T: [+47 48175768](tel:+4748175768)

E: [Andre.Hoidebraaten@badminton.no](mailto:Andre.Hoidebraaten@badminton.no)

*Andre and Rune are both certified Para- and Special-badminton coaches within the BWF programme and will be present during the Camp.*

# Cancellation

- Please note a reservation with regards to the ongoing Covid-pandemic 🤒
- Costs for accommodation is not refundable upon cancellation due to sudden changes in the Covid-19 restrictions regarding entry to Norway from your country of residence.
- Camp-fee is non-refundable for the sum of already spent expenditures (ie. if we have ordered and payed for t-shirts/diplomas/food or similar), upon cancellation due to sudden changes in the Covid-19 restrictions. Funds not spent will be refunded in full.

Please copy-paste the following and return it in an e-mail to [sport@mossbk.no](mailto:sport@mossbk.no) :

1. Name + age
2. Club + country
3. What makes you Special
4. T-shirt size
5. Food allergies
6. Anything else we need to know

# Covid & entering Norway

Updated Covid-restrictions for entering Norway (from your country of residence) can be found here:

[English](#)

[Deutsch](#)

[Français](#)

[Español](#)

[Norsk](#)